

Hi all WELCOME to the PARASITE PROTOCOL: Created and tested by LINDSAY JONES

We start this for 6 weeks for everyone in the family prior to parasite cleanse. Then two weeks before the full moon we started the parasite cleanse portion.

Zeolite heavy metal detox we have had amazing results with.

4 drops of the squeeze bottle

4 sprays

Twice a day

[Purchase Zeolite Detox here](#)



ZEOLITE DETOX PACK

Eliminate Heavy Metals & Toxins

Parasite cleanse is very simple: Two weeks before the full moon (why the full moon? Parasites procreate with the cycle of the moon). Our whole family does this complete cleans twice a year in the fall and in the spring. Over the last two years this has been a game changer for our young girls, their immune system has done 4X better through cold and flu season, as our immune system's first line of defense against viruses starts in the gut.

For adults you can use the parashield for the Parasite cleanse:

10 drops in a glass of water

or

straight to your tongue followed by a glass of water

2 X daily

[Purchase Parashield here](#)



PARA-SHIELD

Natural Gut Defender

For kiddos you will want to use essential oils topically:

Just add 5 drops of each oil top off with castor oil in a roller and roll on the stomach, down the spine and the bottoms of the feet morning and night for 21 days then take 7 days day's off, repeat for 2 more months cycle of 21 on 7 off. (for a total of 3 months)

[Purchase oils here](#)

Oils List: Peppermint, Oregano, Clove, Tea Tree, Cinnamon



[Rollers](#) linked here



[Caster Oil](#) linked here



Pair this portion of the cleans with BINDERS:

Activated charcoal (500mg gummies or capsules)

Liposomal glutathione (2000mg, liquid or capsules)

These binders in combo with the Zeolite Heavy Metal binder above help bind and remove the toxins that the parasites release during their die off (their last ditch effort to make you sick)

The binders help your body to remove the toxins via our drainage pathways ie BM's, urine and lymphatic system. Make sure to take the charcoal alone at a different time of day than any other supplements, so it can do its job the best. **These binding supplements will keep you from having any symptoms that can be associated with the die off from the parasite. (Almost flu like symptom for some people so binders are a super important step)**

[Charchoal Gummies:](#) For the kiddos linked here



[Charcoal Capsules:](#) For Adults linked here



[Liposomal glutathione liquid](#) for adults and kiddos linked here



Medical Disclaimer for The Age of Light LLC's Parasite Protocol

Please read this disclaimer carefully before engaging with The Age of Light LLC's Parasite Protocol.

The Parasite Protocol offered by The Age of Light LLC is designed for **informational and educational purposes only**. It is based on holistic and energetic principles and is intended to support overall well-being. Lindsay Jones and The Age of Light LLC are **not medical doctors, licensed healthcare professionals, or registered dietitians**.

This protocol is not intended to diagnose, treat, cure, or prevent any disease or medical condition. It is not a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your qualified healthcare provider with any questions you may have regarding a medical condition, before starting any new health regimen, or if you have any concerns about your health.

Do not disregard professional medical advice or delay seeking it because of information you have read or received through this protocol. If you believe you have a medical emergency, call your doctor or emergency services immediately.

Individual results from following this protocol may vary. The effectiveness of holistic or energetic practices can be highly personal and influenced by numerous factors. Your reliance on any information provided through this protocol is solely at your own risk.

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